



MISSION UNIVERSITY GLOBAL PUBLIC HEALTH PROGRAMS



GLOBAL PUBLIC HEALTH PROGRAMS

Mission University offers a variety of high-impact learning experiences in global public health, designed to meet the diverse goals of students and professionals around the world. Our programs are grounded in academic excellence, real-world application, and a strong commitment to community engagement.

We currently offer three distinct global public health programs, each with a unique structure and purpose:

- Global Public Health Course
- Global Public Health Research Program
- Global Public Health Service Learning Program

The Programs can be completed individually or combined for a more comprehensive and enriching experience.

Each program was developed by a team of experienced educators and public health professionals, including:

- Dr. James Hauschildt, an accomplished RN, educator and academic leader with a deep background in healthcare and global health.

- Dr. Bruna Senhorinho, a medical doctor with a extensive experience working in international and underserved settings.

Academic Integration

Mission University can work directly with your school to help you use this program toward internship requirements, practicum hours, or academic credit, depending on your university's policies. We'll gladly provide documentation, evaluations, and learning objectives as needed.



In this eBook, you'll learn more about each of these programs and discover how you can grow personally, academically, and professionally through your experience with Mission University.

We would be honored to be part of your journey.

1. GLOBAL PUBLIC HEALTH

ONLINE PROGRAMS

Mission University offers a high-quality Global Public Health Course designed to help students and professionals understand how public health has evolved – from its historical roots to the complex systems that shape it today.

The course is structured into five engaging modules and can be completed in two different tracks, depending on your interests and goals:

- **COURSE:** Watch all five modules at your own pace and deepen your understanding of global public health.
- **RESEARCH PROGRAM:** In addition to watching the modules, you will work closely with a mentor to develop and complete an independent public health research project.

Any of the online programs can be combined with the Service Learning Program for a more enriching and impactful experience.

Both tracks require a final competency assessment to earn certification.

1.1 GLOBAL PUBLIC HEALTH COURSE

The Global Public Health Course is designed for students and professionals who prefer a more flexible, self-paced learning experience.

In this version, participants complete the course independently and at their own pace, engaging with all course content through video lectures and guided learning materials. Each module includes a video lecture and a learning packet to help guide reflection and reinforce key concepts.

While there are no scheduled meetings, students are encouraged to reach out to their mentor whenever they have questions or need additional support.

This format is ideal for those who are balancing other responsibilities or simply prefer working autonomously. It offers the freedom to move through the course at your own rhythm — while still having access to expert guidance as needed.

Upon completing all modules and submitting the required assignments, **participants will receive the Global Public Health Course Certificate from Mission University, recognizing 7.5 hours of coursework.**

1.2 GLOBAL PUBLIC HEALTH RESEARCH PROGRAM

The Global Public Health Research Program is a **fully online, mentor-supported learning experience** designed to deepen your understanding of public health and explore its applications in global and community settings.

Through a structured, project-based approach grounded in inductive learning, participants explore critical public health issues and apply their knowledge to real-world, community-based initiatives. This hands-on experience allows learners to not only absorb theoretical content, but also to think critically, reflect, and take action.

Participants complete the same five core modules as in the standard course, however, in the here students go further — they meet regularly with their assigned mentor throughout the program. These one-on-one meetings offer a space for discussion, personalized feedback, and support as they progress through the course content and **build their independent research project.**

Students can choose between two pacing options:

- **5-week track: Meet with your mentor once a week.**
After watching the video module and participating in the meeting, you will have one week to complete the assigned activity before the next session.
- **10-week track: Meet with your mentor every two weeks,** giving you more time to reflect, study, and complete each activity at a slower pace.

Each participant:

- **Develops a research question based on a topic of personal or professional interest**
- **Works step-by-step to complete a structured research proposal and final project**
- **Submits reflections and written assignments for review and feedback**
- **May have the opportunity to present their findings, publish their work, or even apply for grant funding through Mission University or our partner organizations**

This program is ideal for learners seeking to expand their public health knowledge while gaining practical, hands-on research experience that supports academic goals, career advancement, or future graduate studies.

Upon completing all five modules, submitting the required assignments, and presenting their final research project, **participants will receive the Global Public Health Research Certificate from Mission University, recognizing 30 hours of academic engagement.**

COURSE MODULES

1- Introduction to Public Health

2- History of Public Health

3- Sustainability in Public Health

4- Social Determinants of Health

5- Global Standards in Public Health

Final Project & Presentation (*Research Only*)

At the end of the course, the participant on the Research Program completes a Humanitarian Community-Based Project, applying the concepts learned to a real or proposed intervention. The project is presented to their mentor (and optionally, to a broader audience) as a culminating experience.



INDUCTIVE LEARNING: OUR EDUCATIONAL APPROACH

We believe students learn best when they are active participants in the learning process: asking questions, solving problems, and connecting ideas to real-world experiences. That's why the Global Public Health Course is built around an inductive learning model.

What is Inductive Learning?

Inductive learning is a student-centered method where knowledge is built through observation, analysis, and reflection, rather than through memorizing concepts presented in a lecture. Instead of starting with theory, students begin by examining real-life situations — such as public health case studies, community health challenges, or data sets — and draw conclusions from those examples.

This method encourages:

- **Critical thinking**
- **Independent discovery**
- **Deeper retention**
- **Practical application of public health principles**

ONLINE PROGRAMS COST BREAKDOWN

Program Cost (USD).

- **Course** **\$250**
- **Research Program** **\$500**

** Payment is non-refundable*



2. PUBLIC HEALTH SERVICE LEARNING PROGRAM

Gain Hands-On Experience While Making a Global Impact

The Global Public Health Service Learning Program is an immersive, in-person experience that takes participants beyond the classroom and into **real-world public health settings**. This unique program provides hands-on clinical experience, professional development, and humanitarian engagement in underserved areas worldwide.

It offers students and professionals the opportunity to apply their skills in real-world settings while serving communities in need. Participants **travel with Mission University faculty and work alongside local organizations** to provide basic health assessments, health education, referrals, support community health initiatives, and engage in meaningful service.

What You'll Experience:

- ✓ Travel to Underserved Communities Worldwide
- ✓ Provide Essential Healthcare Services
- ✓ Valuable Clinical & Humanitarian Experience
- ✓ Collaborate with Multinational & Multidisciplinary Teams

Through this experience, students gain a deeper understanding of the social determinants of health, cultural sensitivity, and the challenges faced by populations with limited access to care. **It's more than a trip — it's a transformational journey.** Participants return home changed, with a renewed sense of purpose and compassion. You won't come back the same.

What's Included:

- **Pre-Departure Training:** Participants receive access to a 3-module online orientation course to prepare for the experience.
- **On-Site Support:** Mission University faculty travel with the group and provide guidance throughout the program.
- **Post-Program Reflection:** Students are encouraged to reflect on their impact and personal growth after returning.

Mission University is proud to collaborate with a network of partners around the world, our current programs take place in diverse settings, including **Peru, England, and the United States**, allowing participants to learn from a wide range of healthcare systems, cultures, and public health challenges.

TRAVEL PROGRAMS COST BREAKDOWN

Program Cost (USD).

- **\$550 + travel expenses**

We strive to keep travel costs as low as possible to make this experience accessible to everyone.

Payment Structure

- 30% Deposit to secure the spot (paid at the time of registration, non-refundable)
- Remaining balance (due 2 weeks before the course start date)

Bonus: All participants receive access to our **Fundraising Course** at no additional cost, which provides effective strategies to help cover your travel costs.



Thank you for taking the time to explore the Global Public Health Programs at Mission University.

Whether you're preparing for a future in global health, expanding your current knowledge, or simply seeking to make a meaningful difference in the world, we believe this course can be a powerful part of your journey.

Our goal is to provide not only academic learning, but also guidance, mentorship, and space for you to grow — as a student, a professional, and a global citizen.

We can't wait to walk alongside you as you deepen your knowledge, develop your project, and take action toward a healthier and more equitable world.

If you have any questions, our team is always here to support you.

We look forward to welcoming you to the program.

Dr. Bruna Senhórinho

Visit us at: www.missionuniv.org